

Ambitious and Inclusive Sensory Story Sharing

Online Course Content

This course is based on the CPD accredited Ambitious and Inclusive Sensory Story Sharing training day. It is comprised of 16 short films with associated discussion points and activities for you to work through at your own pace. We estimate that you could cram it into three and a half hours or study it over ten hours.

The course covers:

The importance of sensory stimulation with regards to:

- Cognition
- Memory
- Communication
- Engagement
- Learning
- Wellbeing

The benefits of narrative including:

- Learning skills
- Coping with change
- Understanding difficult times
- Connecting with your community
- Bonding and making friends
- Developing identity
- Self esteem

How to create rich and relevant sensory experiences, including:

- How to evaluate the richness of a sensory experience
- Information and examples across seven sensory systems of relevant sensory experiences.
- Sensory processing differences

Guidance on creating sensory stories:

- Where to start when creating sensory stories

- How to choose stimuli for a sensory story

Evidence based guidance on sharing sensory stories including:

- Setting up for sensory story sharing
- How to share the text of a sensory story
- Advice on sharing sensation
- How to personalise stories for particular people or groups.

Insights into how sensory stories can be used supportively, including:

- To support people who struggle with sensory experiences
- To support people in accessing new experiences and environments
- To support people to link learning experiences together and remember information.

The course is informed by research into sensory stimulation and story sharing.

Delegates can use social media to interact with the presenter, ask questions and share ideas and insight.



The Sensory Projects